Includes your choice of organic greens or kettle chips

SIGNATURE FAVORITES

BLACK AND BLEU - 12.99

100% Bison patty with blackened seasoning, bleu cheese, lettuce, tomato, and onion on a ciabatta bun with roasted tomato vegan aioli

CARNIVORE BURGER - 14.99

100% Bison patty, black forest ham, peppered bacon, over medium egg, pepper jack cheese, lettuce, tomato, and onion on a ciabatta bun with dijon aioli

HERBIVORE BURGER - 12.99

Beyond burger, celebration roast, tempeh, soy cheese, lettuce, tomato, and onion on a vegan pub bun with vegan mayo

VEGAN BLACK BEAN - 9.99 House made bean patty, lettuce, tomato, and onion on a vegan pub bun with roasted vegan tomato aioli

SOUTHWEST CHICKEN - 12.99

Non-GMO chicken breast, sauteed anaheim peppers and onion, swiss cheese on a ciabatta bun with honey habanero cream cheese

BUILD YOUR OWN BURGER - 10.99

On pub bun or gluten free (+1.00)

STEP 1: Pick your patty Grassfed, Bey

STEP 2: Pick your veggies (limit 4) Lettuce • Tomato • Jalapeno • Mushrooms Onion • Pickles • Caramelized Onion

STEP 3: Pick your sauce (limit 2) Mayo • Vegan Mayo Pesto • Dijon Stone Ground BBQ Sauce Honey Habanero

STEP 4: Additions Avocado - .75 Cheese - 1.00 Protein - 2.00 Egg - 1.25 Extra Patty - 5.00

BURGERS AND MORE

Grassfed, Beyond, Chicken, Bison (+1.00)

WRAPS

CHICKEN CAESAR WRAP - 10.99 Non-GMO chicken, lettuce, tomato, onion, house caesar dressing, and parmesan cheese on a flour tortilla

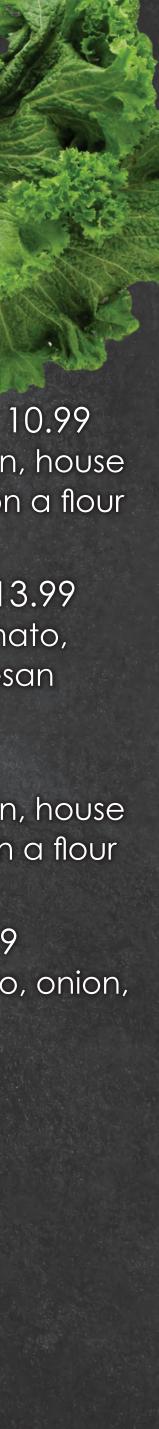
SALMON CAESAR WRAP - 13.99 Wild-caught Alaskan salmon, lettuce, tomato, onion, house caesar dressing, and parmesan cheese on a flour tortilla

BBQ CHICKEN WRAP - 10.99 Non-GMO chicken, lettuce, tomato, onion, house ranch dressing, and Stubb's BBQ sauce on a flour tortilla

THAI CHICKEN WRAP - 10.99 Non-GMO chicken breast, lettuce, tomato, onion, house peanut sauce on a flour tortilla

> ASK FOR TOFU AS A VEGETARIAN OPTION

> > Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.





Served all day

SANDWICHES AND BURRITOS

FRIED EGG SANDWICH - 8.99 Two over medium eggs, bacon, arugula, gouda cheese, and pesto aioli on sourdough toast

BAGEL SANDWICH - 7.99 Two scrambled eggs, ham, and cheddar cheese on

toasted bagel

WAFFLE SANDWICH - 10.99

Two scrambled eggs and bacon sandwiched in a Belgian waffle

MONTE CRISTO - 10.99

Sliced black forest ham, swiss cheese and jam sandwiched in two slices of french toast served with roasted potatoes

DIABLO BURRITO - 7.99

Two scrambled eggs, andouille sausage, roasted potatoes, green chilis, pepper jack cheese, and sriracha sour cream in a tortilla

CHICKEN APPLE BURRITO - 7.99

Two scrambled eggs, chicken apple sausage, roasted potatoes, green chilis and cheddar in a flour tortilla

VEGGIE BURRITO - 6.99

Two scrambled eggs, zucchini, mushrooms, onion, peppers and soy cheese in a tortilla

OMELETTES - 10.99

Served with potatoes, tomatoes or toast

VEGGIE zucchini, onion, mushrooms, and peppers

MEDITERRANEAN kalamata olives, mushrooms, cherry tomatoes, capers, spinach, feta, and pesto

DENVER peppered bacon, ham, peppers, onion, and pepper jack cheese

HAM AND CHEDDAR black forest ham and Tillamook cheddar

organic mushrooms and cheese

BACON GOUDA with guacamole

MUSHROOM AND SWISS sauteed

SIDES & EXTRAS Avocado - .75 Add berries - 1.00 Two eggs - 2.99 Protein - 2.99 Toast with jam - 2.99 Sauteed veggies - 2.99 Two eggs with cheese or spinach - 3.99 Plain oatmeal - 3.99

CLASSICS

9TH STREET BREAKFAST - 6.99

Two eggs your way, side of protein and choice of potatoes, tomatoes, or toast

*protein options: bacon, ham, turkey, chicken apple sausage, andouille sausage, vegan links, veggie patties

BISTRO SCRAMBLE - 9.99

Eggs or tofu, zucchini, mushrooms, onion, and peppers served with potatoes, tomatoes, or toast

FRESH TOAST - FULL 8.99 / HALF 4.99 White bread wedges dipped in cinnamon swirl batter with powdered sugar on top

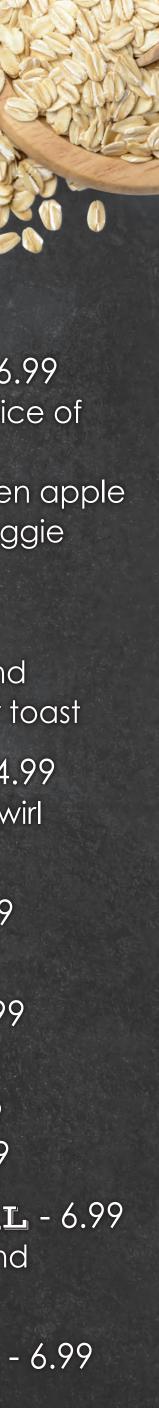
GOLDEN MALT WAFFLE - 6.99 GF WAFFLE - 8.99

SNOQUALMIE PANCAKE - 3.99 GF PANCAKE - 7.99

STACK OF 3 PANCAKES - 9.99 3 BLUE PANCAKES - 11.99

ORGANIC BRULEE OATMEAL - 6.99 Dried apples and nuts bruleed with sugar and served with syrup and cream

ORGANIC BERRY OATMEAL - 6.99 Berries served with syrup and cream





Made with organic produce when available

SIGNATURE FAVORITES

Includes your choice or organic greens or kettle chips

FRENCH DIP - 12.99

Sliced roast beef, caramelized onions, Swiss cheese and horseradish aioli on a hoagie bun served with au jus

PORTOBELLO MOZZARELLA - 11.99

Roasted portobello mushrooms with balsamic vinaigrette and garlic, shredded mozzarella, roasted red peppers, tomato, and pesto on toasted sourdough bread

VEGGIE CLUB - 11.99

Celebration roast, tempeh, soy cheese, lettuce, tomato, and vegan mayo layered on three slices of wheat bread

BISTRO CLUB - 12.99

Sliced turkey, peppered bacon, cheddar cheese, lettuce, tomato, and mayo layered on three slices of wheat bread

STEP 1: Pick your bread

STEP 2: Pick your spread (limit 2) Mayo • Vegan Mayo • Stone Ground Dijon • Pesto • Hummus • Olive Tapenade Roasted Tomato Vegan Aioli

STEP 3:

Pick your cheese (limit 1) Cheddar • Gouda • Swiss • Pepper Jack Mozzarella • Vegan Cheese

STEP 4: Pick your protein (limit 1) Ham • Roast Beef • Turkey • Chicken Bacon • Celebration Roast • Tempeh

STEP 5: Pick your veggies (limit 4) Pickles • Caramelized Onion

SANDWICHES

BUILD YOUR OWN SANDWICH

HALF - 5.49 WHOLE - 7.99

wheat, white sourdough, hoagie, GF (+1.00) (toasted/untoasted)

Lettuce • Tomato • Onion • Spinach Jalapeno • Cucumber • Pepperoncini Additions Avocado - .75 Extra Cheese - 1.00 Extra Protein - 2.00 Extra veggies - .50 Side chips - 1.00 Side salad - 2.99

LIGHT OPTIONS - 4.49

Grilled cheese Peanut butter and jam Peanut butter and honey Almond butter and jam Almond butter and honey





CRAFT BEER

River City Brewing

Yakima, Wa Midnight Marmot Stout ABV: 8.7% IBU: 78

No Li Brewhouse Spokane, WA Jet Juiced IPA ABV 7.5% IBU: 40

Kona Brewing Co. Kona,HI Big Wave Golden ABV: 4.4% IBU: 21

Breckenridge Brewery

Littleton, CO. Vanilla Porter ABV: 5.4% IBU: 16 Grand Teton Brewing Co. Victor, ID Amber Ale ABV: 4.7% IBU: 31

> ACE Cider Sebastopol, CA Cider ABV:5% IBU: N/A

Ten Barrel Brewing Co. Bend, OR Apocalypse IPA ABV: 6.8% IBU: 70

Post Falls Brewing Co. Post Falls, ID Whole Lotta Rosie Amber ABV: 6.5% IBU: 21

BEER & WINE: \$5.00 A GLASS

BEERAND WINE

WINE SELECTION

Red Wine

Huckleberry's 9th St Washington Cabernet Merlot

Rose

Huckleberry's 9th St

Washington Villa Rosso

Kenwood California Merlot

Kenwood California Pinot Noir

Kenwood California Zinfandel

Callaway California Cabernet Sauvignon

I-Can 375ml Rose Washington

Sparkling

Freixenet Brut Spain

Mimosa

Organic orange juice and Brut

White Wine

I-Can Washington 375ml Chardonnay

Yellow Tail Australia Riesling

Jacob's Creek Australia Moscato

> Kenwood California Chardonnay

Benvolio Italy Pinot Grigio



OMELETTE AND PASTA BAR

We are offering our made to order:

OMELETTE BAR - SATURDAY AND SUNDAY 7AM-1PM \$11.99 Includes a 16 ounce coffee, a side of potatoes, tomatoes, or toast and fresh fruit

> PASTA BAR - FRIDAY AND SATURDAY 3:30PM-8:30PM \$11.99 Includes a side green salad and a breadstick



ESPRESSO AND TEA Made at our Juice Bar

ESPRESSO

SINGLE SHOT - 1.00

AMERICANO Double Shot, Any Size - 2.50

LAI	rte/ca	PPUCCI	NO
12oz	160z	20oz	24oz
3.49	3.99	4.49	4.99

MOCHA	A/FLAV	VORED	LATTE
12oz	160z	20oz	24oz
3.49	3.99	4.49	4.99

ADDITIONAL SHOT/FLAVOR WHITE COFFEE MILK ALTERNATIVE - .69

COFFEE OF THE DAY 16oz Double Shot Changes Daily 3.99

TEA AND MORE

	ICED	TEA	
12oz	160z	20oz	24oz
1.99	2.49	2.99	3.49
	CHAI	TEA	
12oz	160z	20oz	24oz
3.49	3.99	4.49	4.99
	MATTE	LATTE	
12oz	160z	20oz	24oz
3.49	3.99	4.49	4.99
L <u>A</u>	VENDE	R MAT'	TE
12oz	160z	20oz	24oz
3.49	3.99	4.49	4.99
HC	TTEA	BAGS - 1	.99





COFFEE AND TEA

LOCATED AT OUR DRIP COFFEE BAR

CHOOSE FROM A VARIETY OF DRIP COFFEE

12oz	160z	20oz	24oz
1.99	2.29	2.59	2.89

YERBA MATE

120z	160z	20oz	24oz
1.99	2.29	2.59	2.89

ORGANIC MILK CHOICES

Whole, Fat-Free, Almond, Coconut, Oat, Soy, Hemp, Half/Half

FLAVOR CHOICES

Vanilla, Hazelnut, Irish Cream, Peppermint, Butterscotch, Salted Caramel, Almond, Coconut, Macadamia Nut, English Toffee, Toasted Marshmallow, White Chocolate, Chocolate, Caramel

Ask About Our Fruit and Seasonal Flavors

Made at our Juice Bar

OTHER OPTIONS

FRAPPE

Select Your Flavor And Milk

12oz	160z	20oz	24oz
3.49	3.99	4.49	4.99

HOT CHOCOLATE OR STEAMER Select Your Flavor And Milk

12oz	160z	20oz	24oz
2.99	3.29	3.69	3.99

ITALIAN SODA

12oz	160z	20oz	24oz
2.99	3.29	3.69	3.99

COLD BREW

120z	160z	20oz	24oz
3.49	4.49	5.49	6.49



ADDITIONAL JUICES

BUILD YOUR OWN JUICE

12oz 5.99

160z /	100
6.99	

24oz 8.99

20oz

7.99

Step 1: pick your base (limit 2)

- Carrot
- Celery
- Cucumber
- Grapefruit
- Orange
- Pear

Step 2: pick your flavor builder (limit 4)

- Blueberry
- Cranberry
- Lemon
- Lime

- Grapes
- Beet
- Cabbage
- Jalapeno

• Garlic

• Apple

• Pineapple

- Kale
- Parsley
- Spinach

Make it a Smoothie: *see smoothie price

- Mango
- Peach

- StrawberryBanana
- Kiwi
- INFUSIONS 2.00

Matcha powder, Almond butter, Peanut butter, Spirulina, Yogurt, Hemp protein, Pea protein, Whey protein

1oz wheatgrass - 3.99

1oz ginger - 2.00

HOT JUICES

120z	160z	20oz	2402
5.99	6.99	7.99	8.99

BUMBLE BEE -

Apple, pear, lemon, cardamom, honey

MONICA -

Apple, lime, mint, ginger

IMMUNITY OVERDRIVE -

Orange, grapefruit, lemon, lime, honey, ginger, cayenne, turmeric, black pepper

KICK IN THE PANTS

Lemon, honey, ginger, turmeric, black pepper, cayenne

3.00

JUICE OF THE DAY

12oz juice Changes daily

3.99

IN STORE PRODUCE

2.00/8oz juice 2.00/1oz ginger



SIGNATURE JUICES

120z	160z	20oz	24oz
5.99	6.99	7.99	8.99

BEETLE JUICE -

Beet, apple, kale, pineapple, orange

CITRUS CITY -

Lemon, lime, orange, grapefruit

CRANTASTIC -Pear, cucumber, mint, cranberry

ELVIS PARSLEY -Celery, carrot, garlic, beet, parsley

JUMPSTART -

Grapefruit, apple, ginger, spirulina

MERMAID -

Apple, pear, pineapple, wheatgrass, spirulina

PURPLE RAIN -

Apple, grapefruit, blueberry, ginger

ROYAL FLUSH -Boot corret coole cipcor

Beet, carrot, apple, ginger, lime

VEGGIE PARADISE -

Cucumber, spinach, carrot, celery, cabbage, parsley

SMOOTHIES

120z	16oz
6.99	7.49

BEETING HEART -Apple, carrot, beet, celery, strawberry

BERRY REFRESHER -Banana, strawberry, blueberry, mango, orange

CAPTAIN CARROT -Carrot, banana, pineapple, cinnamon

GILLIGAN'S ISLAND -Orange, pineapple, banana, mango

GREENMAN -

Apple, pear, cucumber, spinach, kale, mint, parsley, lemon, kiwi

ISLAND GODDESS -Pineapple, mango, banana, kiwi

SUBLIME -

Strawberry, mango, mint, cucumber, beet, lime, apple, pineapple

20oz	24oz
7.99	8.49

PROTEIN SHAKES

120z	160z	20oz	240
6.99	7.49	7.99	8.49

COFFEE LOVERS -

Banana, vanilla syrup, cold brew, coconut milk, choice of protein

MARCUS -

Blueberry, mango, grape, yogurt, soy milk, choice of protein

NUTTY PROFESSOR -

Chocolate sauce, banana, almond milk, peanut butter or almond butter, choice of proteir

PEACHY PROTEIN -

Peach, apple, mango, coconut milk, choice of protein

*substitute any milk choice for no extra charge

PROTEIN OPTIONS

Hemp, Pea, or Whey

