

Happy FOURTH of JULY!



One Week of Specials. Effective dates 6/28 - 7/4/17. Valid at 926 S. Monroe location only.

GROCERY

Food Should Taste Good
Selected Varieties
5.5-oz.
\$1.99
11-oz.
\$3.49



Frontera
Selected Varieties
Guacamole 4.5-oz.
2/\$3
Marinade
6-oz.
\$1.79
Salsa
16-oz.
\$2.99



Uncle Matt's Lemonade
59-oz.
\$3.99

Fever-Tree
Selected Sizes & Varieties
\$4.99



BULK

Organic Quinoa
\$4.79 Lb.
Market Spice Steak Seasoning
\$11.69



BEER

No-Li
Selected Varieties
12-oz.
\$1.29
22-oz.
\$4.79



PRODUCE

Organic Blueberries, Blackberries or Raspberries
6-oz.
2/\$6



Organic Strawberries
1 Lb.
2/\$5



Organic Romaine Lettuce
12-oz.
2/\$5

MEAT

Tri Tip Steaks
\$7.99 Lb.



BAKERY

La Panzanella Crackers
Selected Varieties
6-oz.
\$2.99



Rembrandt Gouda
\$15.29 Lb.

Chuao Firecracker
2.8-oz.
\$3.99

BISTRO

Oven-Roasted Chicken Quarter
Non-GMO!
\$5.49 Lb.



Curried Red Lentil Salad
Scratch Made!
\$5.99 Lb.

NATURAL LIVING

Acure
Selected Varieties
Towelettes
30-ct.
\$4.99



Body Lotion or Wash
8-oz.
\$6.99

Clarify Acne Towelettes
30-ct.
\$6.99

MyChelle Cooling Spray or Sunscreen
Selected Varieties
6-oz.
25% Off



Vega Electrolyte Packet
Selected Varieties
.16-oz.
69¢



Evanhealy Hydrosoul
Selected Varieties
4-oz.
25% Off



UPCOMING EVENTS

Live Music in the Bistro • Saturday • 7/1 • 6-8pm
JODY PIPER

Live Music in the Bistro • Saturday • 7/8 • 6-8pm
ABE KENNEY

Live Music in the Bistro • Saturday • 7/15 • 6-8pm
TIN CUP MONKEY

RECIPE

Huck's Summer Punch

Ingredients:
59-oz. Uncle Matt's Organic Lemonade
4-6.8-oz. Fever-Tree Ginger Ale
6-oz. Organic Raspberries, rinsed
Ice

Directions:
In a large punch bowl, mix all ingredients together and serve over ice.

